

The MANNA House

1238 FM 359 North • Brookshire, Texas 77423 • 281.375.6401

The New Start Program

The Manna House offers a Christ-centered recovery and restoration program that provides teaching and training for men who desire freedom from addictions. The program is designed specifically for those who *want to change*. It is voluntary, but requires making a commitment to complete the process in order for the recovery to be lasting. A willingness to focus on developing a personal relationship with God, along with the love and support of others is needed in order to be successful.

The New Start Program at the Manna House offers teaching and training in the fundamental principles of Christ-centered living using the principles of the Bible along with the Christian Twelve Steps of Recovery that will enable one to live a life with meaning and purpose.

Addictions usually involves the family members and their support and participation can be helpful in the recovery process. Family members can, and are encouraged to, visit their loved one on Sunday afternoons after the first two weeks in the program, and attend church on property with the residents on Sunday mornings. It is desired that family members frequently contact the Manna House staff to ensure that everyone is working together for the resident's success.

The First Phase (120 days) of the New Start Program requires that a resident work the provided curriculum, attend all the classes, and remain committed to working the program. A new resident is not allowed to have visitors for the first two weeks. After that, family may visit on Sunday afternoons on the Manna House property. After 30 days, a resident may leave the property with family members on Sunday afternoons. During the First Phase of the program, a resident is not permitted to have a car, cell phone, or computer. A resident may seek employment after 90 days of successful participation in the recovery program.

While living at the Manna House and enrolled in the New Start Program, a resident is not permitted to have a relationship with a girl-friend.

The New Start Program Requirements

- **Entry Requirements**

- Schedule an Interview
 - Interview with each of the staff members
 - Staff will collectively decide upon acceptance into the Program
- Submit an Application
- Interview Process will establish
 - Personal Profile and Suitability to Program
 - Personal Plan for Success in Program
 - House Rules and Program Requirements
- Must commit to Program
- Pay \$375 (non-refundable) upon entry into Program
 - \$75 goes toward paying for the required books
 - \$300 covers the first two weeks
- Commit to follow all House Rules

- **Curriculum Requirements**

- Bible readings
- “Twelve Steps for Christians”
- “The Purpose Driven Life”
- Curriculum Worksheets
- Daily Biblical Devotions
- Bible Studies
- Daily Meetings
- Sunday Services

- **First Phase (120 days)**

- No cell phone
- No car
- No computer
- No job until after 90 days
- No visitors 1st 2 weeks

- **Daily schedule (Monday-Friday) for Residents**

- 7am Wake-Up & Breakfast Manna House
- 9am Biblical Devotion Manna House
- 10-12am Work Detail As Designated by Staff
- 12pm Lunch Manna House
- 1-2pm Study Time Manna House
- 2-4pm Class (M-F) Manna House
- 5:30 Supper Manna House
- 7pm Meeting (M-F) Meeting Room
- Saturday Community Project After Devotion
- Sunday Church 10:30am
- Sunday PM Family Visitation 12pm to 5pm

Phase 2 (next 8 months)

- Find employment and begin paying way at Manna House (\$150 per week)
- Tithe to Manna House on money earned
- Car, cell phone may be permitted if needed, as determined by Manna House staff.
- One overnight per month with family as approved in advance by staff
 - Requests must be submitted to Larry two full days in advance of event
 - Request must be approved by senior staff prior to departure
 - Must be current in Program (including rent) for approval
- Work and complete “Experiencing God” workbook
- Attend all evening classes at the Manna House
- Attend all daytime meetings at Manna House if not working
- All departures from property and all activities must be approved by staff (Larry or Sam)

Graduation

After twelve months in the Recovery and Restoration Program at the Manna House, a resident graduates, but his recovery and restoration is not finished. The principles learned must be practiced in all affairs and the recovery message taken to others hurting from addictions. The graduate will also need to continue to grow spiritually, continue being part of a church fellowship, and be in service to others in order for his change to be lasting. A graduated resident may continue to stay at the Manna House until he has a solid plan in place that will make for a successful transition back into the world. A graduated resident living at the Manna House will continue to pay for his stay (\$200 per week), tithe to the Manna House, attend required meetings, and be a good example to the newer residents. A graduated resident not living at the Manna House will need to attend some meetings at the Manna House and attend church on Sundays at the Manna House until he becomes a committed participating member of another church.

Spiritual Growth

Continued spiritual growth is necessary for a recovered believer to become mature, complete, and not lacking. Family members, church family, and friends are a vital part of the resident’s recovery process and will need to remain an encourager to them in order for the recovery to be lasting. Life is an opportunity to learn how to live with purpose and fulfilment and must be lived with that in mind. The resident’s recovery and restoration is an investment by many to make it possible. This investment needs to be extended to others in recovery so that they too, may have an opportunity for change. Everyone wants to see a recovered resident succeed because it is a blessing to all.

Titus Community, Inc.
1234 FM 359 North
Brookshire, TX 77423
www.MannaHouseTx.com
titus.community@yahoo.com
281-375-8864